Service to Others in Sobriety (SOS) Questionnaire

Please rate the following items on a scale from 1 to 5. If the item does not apply to you, please give a response of 1 (never) to the question.

How often in the past month did you 1=never, 2=rarely, 3=sometimes, 4=often, 5=always		
1.	Take calls or spent time with a sponsee?	
2.	Guide an alcoholic/addict through the 12-Steps?	
3.	Hold a service position in a 12-Step program?	
4.	Say something positive to an alcoholic/addict?	
5.	Listen to an alcoholic/addict?	
6.	Say hello to a newcomer?	
7.	Reach out to an alcoholic/addict having a hard time?	
8.	Share a personal story with an alcoholic/addict?	
9.	Read program literature to an alcoholic/addict?	
10.	Encourage an alcoholic/addict to go to a meeting?	
11.	Donate money to AA/NA?	
12.	Put away chairs after a meeting?	